



July 2026 Primetime TV Listings (SDPB3 – Create)

Wednesday, July 1, 2026

- 6:00 pm** (5:00 pm MT) **Lidia's Kitchen** *The Next Chapter*
6:30 pm (5:30 pm MT) **Cook's Country** *Chicken and Cornbread*
7:00 pm (6:00 pm MT) **Simply Ming** *Okonomiyake*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Curry Means Gravy*
8:00 pm (7:00 pm MT) **Make Your Mark** *Backyard Bliss*
8:30 pm (7:30 pm MT) **Make Your Mark** *Hi Ho Silver*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Hamburg*
9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *South Island, NZ*
10:00 pm (9:00 pm MT) **Islands Without Cars** *New York's Fire Island*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Toward Day's End*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Curry Means Gravy*
11:30 pm (10:30 pm MT) **Simply Ming** *Okonomiyake*
-

Thursday, July 2, 2026

- 6:00 pm** (5:00 pm MT) **Steven Raichlen's Project Smoke** *Big Bad Beef*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *A Sense of Beauty*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** *Easy Enchiladas*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Indian Food: The Not-So-Basics*
8:00 pm (7:00 pm MT) **Make Your Mark** *Victorian Chic*
8:30 pm (7:30 pm MT) **Make Your Mark** *Glorious Giving*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Germany's Dresden and Leipzig*
9:30 pm (8:30 pm MT) **Travelscope** *Greece - Cruising the Isles*
10:00 pm (9:00 pm MT) **Crossing South** *Indian Food*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Mirrored Images*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Indian Food: The Not-So-Basics*
11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** *Easy Enchiladas*
-

Friday, July 3, 2026

- 6:00 pm** (5:00 pm MT) **Milk Street's My Family Recipe** *Grandma's Coconut Cake*
6:30 pm (5:30 pm MT) **Cook's Country** *The Perfect Cake*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *Childhood Favorites, Grown Up*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Dals: Lentils, Beans, and Peas*
8:00 pm (7:00 pm MT) **Create Celebrates America at 250** (marathon)
-

Saturday, July 4, 2026

- 6:00 pm** (5:00 pm MT) **Christopher Kimball's Milk Street** *French Showstopper Desserts*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Rhythms of the City*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *250 Years of Americana*

8:00 pm (7:00 pm MT) **Best of the Joy of Painting** *Trace of Spring*
8:30 pm (7:30 pm MT) **Best of the Joy of Painting** *Triple View*
9:00 pm (8:00 pm MT) **Rick Steves Best of Paris**
10:00 pm (9:00 pm MT) **Flavor of Poland** *Bialystok*
10:30 pm (9:30 pm MT) **Pati's Mexican Table** *Pioneering from Farm to Table*
11:00 pm (10:00 pm MT) **Farmer and the Foodie** *Mutton- Palmer Farms, Old Hickory B*
11:30 pm (10:30 pm MT) **Cook's Country** *Southern Specialties*

Sunday, July 5, 2026

6:00 pm (5:00 pm MT) **Cook's Country** — *The Perfect Cake*
6:30 pm (5:30 pm MT) **America's Test Kitchen** — *New England Clambake*
7:00 pm (6:00 pm MT) **Antiques Roadshow** — *Springs Preserve Hour 2*
8:00 pm (7:00 pm MT) **America The Bountiful** — *America's 250th Anniversary*
9:00 pm (8:00 pm MT) **Confucius Was a Foodie** — *204H*
10:00 pm (9:00 pm MT) **People of the North** — *A Troll's Tongue*
10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** — *Paella Party in Spain*
11:00 pm (10:00 pm MT) **Christopher Kimball's Milk Street** — *Vietnamese Every Day*
11:30 pm (10:30 pm MT) **America's Test Kitchen** — *Tasty Thai*

Monday, July 6, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas** — *Pie Heaven*
6:30 pm (5:30 pm MT) **Cook's Country** — *Pork and Pie*
7:00 pm (6:00 pm MT) **America's Test Kitchen** — *New England Clambake*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Rice & Biryani*
8:00 pm (7:00 pm MT) **Samantha Brown's Places to Love** — *Williamsburg, Virginia*
8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** — *Boston, Massachusetts*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** — *Romania*
9:30 pm (8:30 pm MT) **Weekends with Yankee** — *Food Lover's New England*
10:00 pm (9:00 pm MT) **Seeing Canada** — *Indigenous Cooking in Victoria and*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** — *Ebb Tide*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** — *Rice & Biryani*
11:30 pm (10:30 pm MT) **America's Test Kitchen** — *New England Clambake*

Tuesday, July 7, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** — *Fat*
6:30 pm (5:30 pm MT) **Moveable Feast** — *Eugene, Oregon*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** — *Favorite Forgotten Cakes*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Snacks & Street Foods*
8:00 pm (7:00 pm MT) **America The Bountiful** — *Lobster in Maine*
8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** — *The Jersey Shore and More*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** — *Assisi and Italian Country Charm*
9:30 pm (8:30 pm MT) **Travelscope** — *San Antonio, Texas - More Than The*
10:00 pm (9:00 pm MT) **Travels with Darley** — *Korea for Foodies*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** — *Secluded Forest*

11:00 pm (10:00 pm MT) **Indian as Apple Pie** — *Snacks & Street Foods*

11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** — *Favorite Forgotten Cakes*

Wednesday, July 8, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** — *Meet Me at the Table*

6:30 pm (5:30 pm MT) **Cook's Country** — *Holiday Feast*

7:00 pm (6:00 pm MT) **Simply Ming** — *Miso Salmon*

7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Breads: Tava & Tandoori*

8:00 pm (7:00 pm MT) **America The Bountiful** — *Cherries in Michigan*

8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** — *Brooklyn, New York*

9:00 pm (8:00 pm MT) **Rick Steves' Europe** — *Siena and Tuscany's Wine Country*

9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** — *British Virgin Islands*

10:00 pm (9:00 pm MT) **Islands Without Cars** — *California's Santa Catalina Island*

10:30 pm (9:30 pm MT) **Best of the Joy of Painting** — *Desert Hues*

11:00 pm (10:00 pm MT) **Indian as Apple Pie** — *Breads: Tava & Tandoori*

11:30 pm (10:30 pm MT) **Simply Ming** — *Miso Salmon*

Thursday, July 9, 2026

6:00 pm (5:00 pm MT) **Steven Raichlen's Project Smoke** — *Bacon 24/7*

6:30 pm (5:30 pm MT) **Pati's Mexican Table** — *The Rural Heart*

7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** — *The Secrets of Curry*

7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Desserts: Chai, Besan Ki Pinni, And*

8:00 pm (7:00 pm MT) **America The Bountiful** — *Crawfish in Louisiana*

8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** — *Newport, Rhode Island*

9:00 pm (8:00 pm MT) **Rick Steves' Europe** — *West England*

9:30 pm (8:30 pm MT) **Travelscope** — *Port Aransas, Texas*

10:00 pm (9:00 pm MT) **Crossing South** — *Wine Ride & Morroxican Food*

10:30 pm (9:30 pm MT) **Best of the Joy of Painting** — *Back Country Path*

11:00 pm (10:00 pm MT) **Indian as Apple Pie** — *Desserts*

11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** — *The Secrets of Curry*

Friday, July 10, 2026

6:00 pm (5:00 pm MT) **Milk Street's My Family Recipe** — *My Grandmother's Gorton*

6:30 pm (5:30 pm MT) **Cook's Country** — *A Trip to the Big Easy*

7:00 pm (6:00 pm MT) **America's Test Kitchen** — *Tasty Thai*

7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Indian Food: Spice Basics, Anupy's*

8:00 pm (7:00 pm MT) **Cook's Country: Cooking with Fire** (marathon)

Saturday, July 11, 2026

6:00 pm (5:00 pm MT) **Christopher Kimball's Milk Street** — *Weeknight Mexican*

6:30 pm (5:30 pm MT) **Pati's Mexican Table** — *Passion in Every Bite*

7:00 pm (6:00 pm MT) **Antiques Roadshow** — *Springs Preserve III*

8:00 pm (7:00 pm MT) **Best of the Joy of Painting** — *Ocean Sunset*

8:30 pm (7:30 pm MT) **Best of the Joy of Painting** — *Ebb Tide*

9:00 pm (8:00 pm MT) **Rick Steves Best of the Alps**
10:00 pm (9:00 pm MT) **Flavor of Poland** — *Olsztyn*
10:30 pm (9:30 pm MT) **Pati's Mexican Table** — *Cantina Culture and the Morning Aft*
11:00 pm (10:00 pm MT) **Farmer and the Foodie** — *Food as Medicine*
11:30 pm (10:30 pm MT) **Cook's Country** — *Spring Dinner and Dessert*

Sunday, July 12, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** — *Drybar*
6:30 pm (5:30 pm MT) **Cook's Country** — *Comfort Food Done Right*
7:00 pm (6:00 pm MT) **Antiques Roadshow** — *Living History Farms I*
8:00 pm (7:00 pm MT) **Cook's Country** — *Flavorful Chicken Fonduta*
8:30 pm (7:30 pm MT) **Cook's Country** — *Smokey Barbecue Favorites*
9:00 pm (8:00 pm MT) **Confucius Was a Foodie**
10:00 pm (9:00 pm MT) **People of the North** — *Arctic Treats*
10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** — *Budapest's Central Market*
11:00 pm (10:00 pm MT) **Christopher Kimball's Milk Street Television** — *All-New Italian*
11:30 pm (10:30 pm MT) **America's Test Kitchen** — *The Most Important Meal*

Monday, July 13, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas** — *Everyday Superfoods*
6:30 pm (5:30 pm MT) **Cook's Country** — *Regional Seafood Specialties*
7:00 pm (6:00 pm MT) **America's Test Kitchen** — *Pork and Greens*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Curry Means Gravy*
8:00 pm (7:00 pm MT) **Cook's Country** — *Bourbon and Broccoli Hit the Grill*
8:30 pm (7:30 pm MT) **Cook's Country** — *Mediterranean Burgers and Fritters*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** — *The Heart of England*
9:30 pm (8:30 pm MT) **Weekends with Yankee** — *Indulging in New England*
10:00 pm (9:00 pm MT) **Rudy Maxa's World** — *South Africa: Safari*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** — *Graceful Waterfall*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** — *Curry Means Gravy*
11:30 pm (10:30 pm MT) **America's Test Kitchen** — *Pork and Greens*

Tuesday, July 14, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Rooted Vegetables*
6:30 pm (5:30 pm MT) **Moveable Feast** *Salt Lake City, Utah*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** *Eggs Around the World*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Indian Food: The Not-So-Basics*
8:00 pm (7:00 pm MT) **Cook's Country** *BBQ Thighs and Fried Peach Pies*
8:30 pm (7:30 pm MT) **Cook's Country** *From Texas, With Love*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Lisbon*
9:30 pm (8:30 pm MT) **Travelscope** *Rwanda - Among the Gorillas*
10:00 pm (9:00 pm MT) **Travels with Darley** *Detroit Rhythms, Tastes & Trails*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Early Autumn*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Indian Food: The Not-So-Basics*

11:30 pm (10:30 pm MT) Christopher Kimball's Milk Street *Eggs Around the World*

Wednesday, July 15, 2026

6:00 pm (5:00 pm MT) Lidia's Kitchen *Plan the Menu*

6:30 pm (5:30 pm MT) Cook's Country *Taste of Summer*

7:00 pm (6:00 pm MT) Simply Ming *Pound Cake*

7:30 pm (6:30 pm MT) Indian as Apple Pie *Dals: Lentils, Beans, and Peas*

8:00 pm (7:00 pm MT) Cook's Country *Grilled Chicken, Two Ways*

8:30 pm (7:30 pm MT) Cook's Country *Brisket and Fritters*

9:00 pm (8:00 pm MT) Rick Steves' Europe *Portugal's Heartland*

9:30 pm (8:30 pm MT) Samantha Brown's Places to Love *New Hampshire*

10:00 pm (9:00 pm MT) Islands Without Cars *Fabulous Food Tour*

10:30 pm (9:30 pm MT) Best of the Joy of Painting *Wayside Pond*

11:00 pm (10:00 pm MT) Indian as Apple Pie *Dals: Lentils, Beans, and Peas*

11:30 pm (10:30 pm MT) Simply Ming *Pound Cake*

Thursday, July 16, 2026

6:00 pm (5:00 pm MT) Steven Raichlen's Project Smoke *Hog Wild*

6:30 pm (5:30 pm MT) Pati's Mexican Table *For Love and Family*

7:00 pm (6:00 pm MT) Christopher Kimball's Milk Street *Simple Italian Pastas*

7:30 pm (6:30 pm MT) Indian as Apple Pie *Rice & Biryani*

8:00 pm (7:00 pm MT) Cook's Country *Spring Dinner and Dessert*

8:30 pm (7:30 pm MT) Cook's Country *Tucson Tacos and Tomatillos*

9:00 pm (8:00 pm MT) Rick Steves' Europe *Travel Skills: Cruising*

9:30 pm (8:30 pm MT) Travelscope *Rwanda - In Search of Chimpanzees*

10:00 pm (9:00 pm MT) Crossing South *Baja Craft Beer Tour*

10:30 pm (9:30 pm MT) Best of the Joy of Painting *Waves of Wonder*

11:00 pm (10:00 pm MT) Indian as Apple Pie *Rice & Biryani*

11:30 pm (10:30 pm MT) Christopher Kimball's Milk Street *Simple Italian Pastas*

Friday, July 17, 2026

6:00 pm (5:00 pm MT) Milk Street's My Family Recipe *Adena's Hot Milk Sponge*

6:30 pm (5:30 pm MT) Cook's Country *Beef Kebabs and Cheese Bread*

7:00 pm (6:00 pm MT) America's Test Kitchen *The Most Important Meal*

7:30 pm (6:30 pm MT) Indian as Apple Pie *Snacks & Street Foods*

8:00 pm (7:00 pm MT) This Old House *Revisits Cape Ann* (marathon)

Saturday, July 18, 2026

6:00 pm (5:00 pm MT) Christopher Kimball's Milk Street *Vegetable Makeovers*

6:30 pm (5:30 pm MT) Pati's Mexican Table *My Heart, My Home*

7:00 pm (6:00 pm MT) Antiques Roadshow *Living History Farms Hour 2*

8:00 pm (7:00 pm MT) Best of the Joy of Painting *Pretty Autumn Day*

8:30 pm (7:30 pm MT) Best of the Joy of Painting *Graceful Waterfall*

9:00 pm (8:00 pm MT) Rick Steves *Cruising the Mediterranean*

10:00 pm (9:00 pm MT) **Flavor of Poland** *Gdansk*
10:30 pm (9:30 pm MT) **Pati's Mexican Table** *Texas BBQ in the Orange Belt*
11:00 pm (10:00 pm MT) **Farmer and the Foodie** *Corn - Walnut Grove Farms*
11:30 pm (10:30 pm MT) **Cook's Country** *BBQ Brisket and Fritters*

Sunday, July 19, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** *Manna*
6:30 pm (5:30 pm MT) **Cook's Country** *Grilled Chicken, Two Ways*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Living History Farms III*
8:00 pm (7:00 pm MT) **This Old House** *Cape Ann - Cape Ann Shingle Style*
8:30 pm (7:30 pm MT) **This Old House** *Cape Ann - Between a Rock and Hardwood*
9:00 pm (8:00 pm MT) **Confucius Was a Foodie**
10:00 pm (9:00 pm MT) **People of the North** *Kingdom of Entrepreneurs*
10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** *The Italian Tomato Harvest*
11:00 pm (10:00 pm MT) **Christopher Kimball's Milk Street** *The Greek Kitchen*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Something Hearty, Something Light*

Monday, July 20, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas** *My Greek Dinner Party*
6:30 pm (5:30 pm MT) **Cook's Country** *Tacos Two Ways*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *Summertime Staples*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Breads: Tava & Tandoori*
8:00 pm (7:00 pm MT) **This Old House** *Cape Ann - Losing Our Truss*
8:30 pm (7:30 pm MT) **This Old House** *Cape Ann - Hard Work Ahead*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *European Festivals II*
9:30 pm (8:30 pm MT) **Weekends with Yankee** *Deep Roots*
10:00 pm (9:00 pm MT) **Rudy Maxa's World** *Edinburgh & The Scottish Highlands*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Not Quite Spring*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Breads: Tava & Tandoori*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Summertime Staples*

Tuesday, July 21, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Pickles*
6:30 pm (5:30 pm MT) **Moveable Feast** *Newport, Rhode Island*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** *Weeknight Italian*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Desserts: Chai, Besan Ki Pinni, And*
8:00 pm (7:00 pm MT) **This Old House** *Cape Ann - Shingled Out*
8:30 pm (7:30 pm MT) **This Old House** *Cape Ann - Tiling Is a Family Affair*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *The Best of Sicily*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Cruising Ireland's Heartland*
10:00 pm (9:00 pm MT) **Travels with Darley** *Detroit Art, Architecture & Innovation*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Ocean Breeze*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Desserts: Chai, Besan Ki Pinni, And*
11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** *Weeknight Italian*

Wednesday, July 22, 2026

- 6:00 pm** (5:00 pm MT) **Lidia's Kitchen** *The Community Table*
6:30 pm (5:30 pm MT) **Cook's Country** *Bread, Cheese and Meat Can't Be Beat*
7:00 pm (6:00 pm MT) **Simply Ming** *Broccoli and Beef*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Indian Food: Spice Basics*
8:00 pm (7:00 pm MT) **This Old House** *Cape Ann - Window on Restoration*
8:30 pm (7:30 pm MT) **This Old House** *Cape Ann - Don't Rip It, Restore It*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Sicilian Delights*
9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *Vienna, Austria*
10:00 pm (9:00 pm MT) **Islands Without Cars** *Memories, Screams, and Reflections*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Country Creek*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Indian Food: Spice Basics*
11:30 pm (10:30 pm MT) **Simply Ming** *Broccoli and Beef*
-

Thursday, July 23, 2026

- 6:00 pm** (5:00 pm MT) **Steven Raichlen's Project Smoke** *Thanksgiving Comes Early*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Colors of Creativity*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** *Mexican Favorites*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Curry Means Gravy*
8:00 pm (7:00 pm MT) **This Old House** *Cape Ann - Master Craftsmen*
8:30 pm (7:30 pm MT) **This Old House** *Cape Ann - Move In Day*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Scotland's Highlands*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Myrtle Beach, SC*
10:00 pm (9:00 pm MT) **Crossing South** *Waterpark & Baja Burger*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Storm's A Comin*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Curry Means Gravy*
11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** *Mexican Favorites*
-

Friday, July 24, 2026

- 6:00 pm** (5:00 pm MT) **Milk Street's My Family Recipe** — *My Grandfather's Butter Rolls*
6:30 pm (5:30 pm MT) **Cook's Country** — *Herbaceous Chicken and Potatoes*
7:00 pm (6:00 pm MT) **America's Test Kitchen** — *Something Hearty, Something Light*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** — *Snacks & Street Foods*
8:00 pm (7:00 pm MT) **Milk Street's My Family Recipe** (marathon)
-

Saturday, July 25, 2026

- 6:00 pm** (5:00 pm MT) **Christopher Kimball's Milk Street** *Middle East Favorites*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Living Legacy*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Denver Botanic Gardens Chatfield Fa*
8:00 pm (7:00 pm MT) **Best of the Joy of Painting** *Delightful Meadow Home*
8:30 pm (7:30 pm MT) **Best of the Joy of Painting** *Not Quite Spring*
9:00 pm (8:00 pm MT) **Rick Steves Egypt: Yesterday & Today**
10:00 pm (9:00 pm MT) **Flavor of Poland** *Katowice*

10:30 pm (9:30 pm MT) **Pati's Mexican Table** *A Day with Hugo*
11:00 pm (10:00 pm MT) **Farmer and the Foodie** *Farm-to-Table - Old Home Place Farm*
11:30 pm (10:30 pm MT) **Cook's Country** *Grilled Chicken, Two Ways*

Sunday, July 26, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** *Crystal Bridges*
6:30 pm (5:30 pm MT) **Cook's Country** *Italian Comfort Food*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Denver Botanic Gardens Chatfield Fa*
8:00 pm (7:00 pm MT) **Milk Street's My Family Recipe** *Grandma Erna's Kugel*
8:30 pm (7:30 pm MT) **Milk Street's My Family Recipe** *Grandma's Coconut Cake*
9:00 pm (8:00 pm MT) **Confucius Was a Foodie**
10:00 pm (9:00 pm MT) **People of the North** *A Mystery Adventure*
10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** *Making Meze*
11:00 pm (10:00 pm MT) **Christopher Kimball's Milk Street** *Secret Italian Recipes*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Thanksgiving for a Crowd*

Monday, July 27, 2026

6:00 pm (5:00 pm MT) **My Greek Table** *The Father of Modern Greek Cooking*
6:30 pm (5:30 pm MT) **Cook's Country** *Chicken and Biscuits*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *Perfectly Fried Seafood*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Dals: Lentils, Beans, and Peas*
8:00 pm (7:00 pm MT) **Milk Street's My Family Recipe** *My Grandmother's Gorton*
8:30 pm (7:30 pm MT) **Milk Street's My Family Recipe** *Adena's Hot Milk Sponge*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Austrian and Italian Alps*
9:30 pm (8:30 pm MT) **Weekends with Yankee** *To the Top*
10:00 pm (9:00 pm MT) **Rudy Maxa's World** *London*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *An Arctic Winter Day*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Dals: Lentils, Beans, and Peas*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Perfectly Fried Seafood*

Tuesday, July 28, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Fruit with More to Give*
6:30 pm (5:30 pm MT) **Moveable Feast** *Boston, Massachusetts*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** *From Spain with Love*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Rice & Biryani*
8:00 pm (7:00 pm MT) **Milk Street's My Family Recipe** *My Grandfather's Butter Rolls*
8:30 pm (7:30 pm MT) **Milk Street's My Family Recipe** *Baa's Crunchy Pooris*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Swiss Alps*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Cadaqués, Spain*
10:00 pm (9:00 pm MT) **Travels with Darley** *Santa Fe Indian Market*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Countryside Oval*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Rice & Biryani*
11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** *From Spain with Love*

Wednesday, July 29, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** *Building Flavor*
6:30 pm (5:30 pm MT) **Cook's Country** *Pennsylvania Dutch Country*
7:00 pm (6:00 pm MT) **Simply Ming** *Ravioli Two Ways*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Snacks & Street Foods*
8:00 pm (7:00 pm MT) **Milk Street's My Family Recipe** *My Mother's Pénil*
8:30 pm (7:30 pm MT) **Milk Street's My Family Recipe** *Tatiana's Sauerkraut Soup*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *French Alps and Lyon*
9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *Auckland, New Zealand*
10:00 pm (9:00 pm MT) **Islands Without Cars** *Mexico's Isla Holbox*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Twin Falls*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Snacks & Street Foods*
11:30 pm (10:30 pm MT) **Simply Ming** *Ravioli Two Ways*

Thursday, July 30, 2026

6:00 pm (5:00 pm MT) **Steven Raichlen's Project Smoke** *Yum Kippers*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Building the Future*
7:00 pm (6:00 pm MT) **Christopher Kimball's Milk Street** *Middle Eastern Cooking*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Breads: Tava & Tandoori*
8:00 pm (7:00 pm MT) **Milk Street's My Family Recipe** *My Mother's Calzone*
8:30 pm (7:30 pm MT) **Milk Street's My Family Recipe** *Grandmother's Christmas Popovers*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Germany's Fascist Story*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Bolivia*
10:00 pm (9:00 pm MT) **Crossing South** *Parque Del Nino Jersey Zoo*
10:30 pm (9:30 pm MT) **Best of the Joy of Painting** *Fisherman's Paradise*
11:00 pm (10:00 pm MT) **Indian as Apple Pie** *Breads: Tava & Tandoori*
11:30 pm (10:30 pm MT) **Christopher Kimball's Milk Street** *Middle Eastern Cooking*

Friday, July 31, 2026

6:00 pm (5:00 pm MT) **Milk Street's My Family Recipe** *Baa's Crunchy Pooris*
6:30 pm (5:30 pm MT) **Cook's Country** *Motor City Favorites*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *Thanksgiving for a Crowd*
7:30 pm (6:30 pm MT) **Indian as Apple Pie** *Desserts*
8:00 pm (7:00 pm MT) **Create-ing with Flowers with J Schwanke** (marathon)