



September 2026 Primetime TV Listings (SDPB3- Create)

Tuesday, September 1, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Fat*
6:30 pm (5:30 pm MT) **Indian as Apple Pie** *Indian Food: The Not-So-Basics*
7:00 pm (6:00 pm MT) **Milk Street Television** *Vietnamese Every Day*
7:30 pm (6:30 pm MT) **Louisiana Coastal Cooking** *Louisiana's Prized Shrimp and Crawfish*
8:00 pm (7:00 pm MT) **Steven Raichlen's Project Fire** *Wagyu Demystified*
8:30 pm (7:30 pm MT) **Pati's Mexican Table** *Mexamericana*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Dublin and Mystical Sidetrips*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Tanzania*
10:00 pm (9:00 pm MT) **Travels with Darley** *New Jersey's Silk City & Baseball*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Secluded Forest*
11:00 pm (10:00 pm MT) **Louisiana Coastal Cooking** *Louisiana's Prized Shrimp and Crawfish*
11:30 pm (10:30 pm MT) **Milk Street Television** *Vietnamese Every Day*

Wednesday, September 2, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** *Grow in The Kitchen*
6:30 pm (5:30 pm MT) **Cook's Country** *New Recipes for The Grill*
7:00 pm (6:00 pm MT) **Simply Ming** *Meuniere*
7:30 pm (6:30 pm MT) **Louisiana Coastal Cooking** *Restoring Wild Habitats*
8:00 pm (7:00 pm MT) **Great American Recipe** *Secrets and Staples*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *South Ireland*
9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *Genesee River Valley*
10:00 pm (9:00 pm MT) **View Finders** *Georgia's Hidden Coast*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Desert Hues*
11:00 pm (10:00 pm MT) **Louisiana Coastal Cooking** *Restoring Wild Habitats*
11:30 pm (10:30 pm MT) **Simply Ming** *Meuniere*

Thursday, September 3, 2026

6:00 pm (5:00 pm MT) **Steven Raichlen's Project Smoke** *Bird Meets Smoke*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *A Sense of Beauty*
7:00 pm (6:00 pm MT) **Milk Street Television** *All-New Italian*
7:30 pm (6:30 pm MT) **Louisiana Coastal Cooking** *Save The Coast - Save The Culture*
8:00 pm (7:00 pm MT) **Kevin Belton's Cookin' Louisiana** *St. Martin Parish: Crawfish Capital*
8:30 pm (7:30 pm MT) **George Hirsch Lifestyle** *Local Inspired Comfort Foods*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *The Best of West Ireland*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *A Southern Christmas*
10:00 pm (9:00 pm MT) **Outside: Beyond the Lens** *Azores Islands*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Back Country Path*
11:00 pm (10:00 pm MT) **Louisiana Coastal Cooking** *Save The Coast - Save The Culture*

11:30 pm (10:30 pm MT) **Milk Street Television** *All-New Italian*

Friday, September 4, 2026

6:00 pm (5:00 pm MT) **Milk Street's My Family Recipe** *Grandma Erna's Kugel*

6:30 pm (5:30 pm MT) **Cook's Country** *Spaghetti House Classics*

7:00 pm (6:00 pm MT) **America's Test Kitchen** *Mexican Comfort Food*

7:30 pm (6:30 pm MT) **Louisiana Coastal Cooking** *A Deep Dive into Louisiana Blue Crab*

8:00 pm (7:00 pm MT) **Back to (Cooking) School** (marathon)

Saturday, September 5, 2026

6:00 pm (5:00 pm MT) **Milk Street Television** *Meatballs and More*

6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Rhythms of the City*

7:00 pm (6:00 pm MT) **Antiques Roadshow** *New York City II*

8:00 pm (7:00 pm MT) **Best of The Joy of Painting** *Ocean Sunset*

8:30 pm (7:30 pm MT) **Best of The Joy of Painting** *Ebb Tide*

9:00 pm (8:00 pm MT) **Safe Harbors: Lighthouses of Maine**

10:00 pm (9:00 pm MT) **Flavor of Poland** *Zakopane*

10:30 pm (9:30 pm MT) **Pati's Mexican Table** *Ode to the Egg*

11:00 pm (10:00 pm MT) **Farmer and The Foodie** *Berea College Farm*

11:30 pm (10:30 pm MT) **Cook's Country** *Tri-State Treats*

Sunday, September 6, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** *Sarah Jessica Parker*

6:30 pm (5:30 pm MT) **Cook's Country** *Tex-Mex Favorites*

7:00 pm (6:00 pm MT) **Antiques Roadshow** *New York City III*

8:00 pm (7:00 pm MT) **Ellie's Real Good Food** *No Brainer Breakfasts*

8:30 pm (7:30 pm MT) **Jazzy Vegetarian** *Let's Do Lunch!*

9:00 pm (8:00 pm MT) **No Passport Required** *Detroit*

10:00 pm (9:00 pm MT) **People of The North** *Richness from The Sea*

10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** *Hungry for Hungary*

11:00 pm (10:00 pm MT) **Milk Street Television** *Argentina Favorites*

11:30 pm (10:30 pm MT) **America's Test Kitchen** *The Chicken or The Egg?*

Monday, September 7, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas** *Mushrooms for Our Minds*

6:30 pm (5:30 pm MT) **Cook's Country** *Pacific Northwest Supper*

7:00 pm (6:00 pm MT) **America's Test Kitchen** *Weeknight Chicken and Mashed Potato*

7:30 pm (6:30 pm MT) **Louisiana Coastal Cooking** *Bounty of Southeast Louisiana*

8:00 pm (7:00 pm MT) **Christina Cooks: Back to The Cutting Board** *The Good Fats*

8:30 pm (7:30 pm MT) **Milk Street Television** *New Salads*

9:00 pm (8:00 pm MT) **Rick Steves' Europe**

9:30 pm (8:30 pm MT) **Weekends with Yankee** *Yankee Milestones*

10:00 pm (9:00 pm MT) **Rudy Maxa's World** *The Islands of Polynesia*

10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Graceful Waterfall*

11:00 pm (10:00 pm MT) **Louisiana Coastal Cooking** *Bounty of Southeast Louisiana*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Weeknight Chicken and Mashed Potato*

Tuesday, September 8, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Rooted Vegetables*
6:30 pm (5:30 pm MT) **Indian as Apple Pie** *Dals: Lentils, Beans, And Peas*
7:00 pm (6:00 pm MT) **Milk Street Television** *The Greek Kitchen*
7:30 pm (6:30 pm MT) **Food. Curated.** *The Great Food Pivot*
8:00 pm (7:00 pm MT) **Indian as Apple Pie** *Indian Food: Spice Basics*
8:30 pm (7:30 pm MT) **Christina Cooks: Back to The Cutting Board** *A Vegetable Love Affair*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *The Majesty of Madrid*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Ecuador and The Galapagos*
10:00 pm (9:00 pm MT) **Travels with Darley Ellijay**, *Georgia*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Early Autumn*
11:00 pm (10:00 pm MT) **Food. Curated.** *The Great Food Pivot*
11:30 pm (10:30 pm MT) **Milk Street Television** *The Greek Kitchen*

Wednesday, September 9, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** *The Start of the Season*
6:30 pm (5:30 pm MT) **Cook's Country** *Summer Steak and Salad*
7:00 pm (6:00 pm MT) **Simply Ming** *Wings*
7:30 pm (6:30 pm MT) **Food. Curated.** *Aapi: The New Asian Food Wave*
8:00 pm (7:00 pm MT) **Jazzy Vegetarian** *Easy Vegan Weeknight Meal*
8:30 pm (7:30 pm MT) **Milk Street Television** *Professional Breads at Home*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Highlights of Castile*
9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *Louisville & Bourbon County, KY*
10:00 pm (9:00 pm MT) **View Finders** *Savannah and Beyond*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Wayside Pond*
11:00 pm (10:00 pm MT) **Food. Curated.** *Aapi: The New Asian Food Wave*
11:30 pm (10:30 pm MT) **Simply Ming** *Wings*

Thursday, September 10, 2026

6:00 pm (5:00 pm MT) **Steven Raichlen's Project Smoke** *Asian Smoke*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *The Rural Heart*
7:00 pm (6:00 pm MT) **Milk Street Television** *Secret Italian Recipes*
7:30 pm (6:30 pm MT) **Food. Curated.** *Women-Led Pastry Pioneers*
8:00 pm (7:00 pm MT) **Indian as Apple Pie** *Indian Food: The Not-So-Basics*
8:30 pm (7:30 pm MT) **Ellie's Real Good Food** *Say Yes to Chocolate*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Normandy: War-Torn Yet Full of Life*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Panama*
10:00 pm (9:00 pm MT) **Outside: Beyond the Lens** *Azores Islands: Part 2*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Waves of Wonder*
11:00 pm (10:00 pm MT) **Food. Curated.** *Women-Led Pastry Pioneers*
11:30 pm (10:30 pm MT) **Milk Street Television** *Secret Italian Recipes*

Friday, September 11, 2026

6:00 pm (5:00 pm MT) **Milk Street's My Family Recipe** *Grandma Margaret's Coconut Cake*
6:30 pm (5:30 pm MT) **Cook's Country** *Reimagining Italian-American Classics*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *The Chicken or The Egg?*
7:30 pm (6:30 pm MT) **Food. Curated.** *Bites With a Mission*
8:00 pm (7:00 pm MT) **A Tribute to New York City** (marathon)

Saturday, September 12, 2026

6:00 pm (5:00 pm MT) **Milk Street Television** *Indian Classics at Home*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Passion in Every Bite*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Vintage Indianapolis*
8:00 pm (7:00 pm MT) **Best of The Joy of Painting** *Pretty Autumn Day*
8:30 pm (7:30 pm MT) **Best of The Joy of Painting** *Graceful Waterfall*
9:00 pm (8:00 pm MT) **Maryland by Air**
10:00 pm (9:00 pm MT) **New Scandinavian Cooking** *Common, Yet Tasty*
10:30 pm (9:30 pm MT) **Pati's Mexican Table** *Yucatan Meats*
11:00 pm (10:00 pm MT) **Farmer and The Foodie** *Chickens - Foxhollow and Rootbound*
11:30 pm (10:30 pm MT) **Cook's Country** *Upper Midwest Classics*

Sunday, September 13, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** *Michael Flatley*
6:30 pm (5:30 pm MT) **Cook's Country** *Southern Specialties*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Vintage San Diego*
8:00 pm (7:00 pm MT) **Bare Feet in NYC with Mickela Mallozzi**
8:30 pm (7:30 pm MT) **Pati's Mexican Table** *New York*
9:00 pm (8:00 pm MT) **No Passport Required** *New Orleans*
10:00 pm (9:00 pm MT) **People of the North** *A Frozen Adventure*
10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** *Very Viennese*
11:00 pm (10:00 pm MT) **Milk Street Television** *Cake and Scones*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Summertime Staples*

Monday, September 14, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas** *Gut Feeling: Probiotics to Love*
6:30 pm (5:30 pm MT) **Cook's Country** *Tri-State Treats*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *Catalan Supper*
7:30 pm (6:30 pm MT) **Food. Curated.** *The Home Kitchen Empire*
8:00 pm (7:00 pm MT) **Samantha Brown's Places to Love** *Brooklyn, New York*
8:30 pm (7:30 pm MT) **To Dine For with Kate Sullivan** *Gary Vaynerchuk*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Provence*
9:30 pm (8:30 pm MT) **Weekends with Yankee** *Adventures in Baking*
10:00 pm (9:00 pm MT) **Rudy Maxa's World** *Montreal & Quebec City*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Not Quite Spring*
11:00 pm (10:00 pm MT) **Food. Curated.** *The Home Kitchen Empire*

11:30 pm (10:30 pm MT) **America's Test Kitchen** *Catalan Supper*

Tuesday, September 15, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Pickles*

6:30 pm (5:30 pm MT) **Indian as Apple Pie** *Rice & Biryani*

7:00 pm (6:00 pm MT) **Milk Street Television** *New Israeli Cuisine*

7:30 pm (6:30 pm MT) **Food. Curated.** *Pride on the Plate*

8:00 pm (7:00 pm MT) **Food. Curated.** *Roots, Recipes, And Resilience*

8:30 pm (7:30 pm MT) **Food. Curated.** *Global Flavors, Local Makers*

9:00 pm (8:00 pm MT) **Rick Steves' Europe** *French Riviera: Uniquely Chic*

9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *The Wonderful World of Markets*

10:00 pm (9:00 pm MT) **Travels with Darley** *New Mexico: Albuquerque to Ruidoso*

10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Ocean Breeze*

11:00 pm (10:00 pm MT) **Food. Curated.** *Pride on the Plate*

11:30 pm (10:30 pm MT) **Milk Street Television** *New Israeli Cuisine*

Wednesday, September 16, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** *Respect the Ingredients*

6:30 pm (5:30 pm MT) **Cook's Country** *Holiday Roast and Potatoes*

7:00 pm (6:00 pm MT) **Simply Ming** *Along the Rhine*

7:30 pm (6:30 pm MT) **Food. Curated.** *Meatless In Manhattan*

8:00 pm (7:00 pm MT) **Lucky Chow** *Delicious Dreams*

8:30 pm (7:30 pm MT) **Bare Feet in NYC with Mickela Mallozzi**

9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Budapest: The Best of Hungary*

9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *San Antonio, Texas*

10:00 pm (9:00 pm MT) **View Finders** *Blue Ridge Parkway*

10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Country Creek*

11:00 pm (10:00 pm MT) **Food. Curated.** *Meatless In Manhattan*

11:30 pm (10:30 pm MT) **Simply Ming** *Along the Rhine*

Thursday, September 17, 2026

6:00 pm (5:00 pm MT) **Steven Raichlen's Project Smoke** *Raichlen on Ribs*

6:30 pm (5:30 pm MT) **Pati's Mexican Table** *For Love and Family*

7:00 pm (6:00 pm MT) **Milk Street Television** *Meatballs and More*

7:30 pm (6:30 pm MT) **Food. Curated.** *Roots, Recipes, And Resilience*

8:00 pm (7:00 pm MT) **Bare Feet in NYC with Mickela Mallozzi**

8:30 pm (7:30 pm MT) **To Dine For with Kate Sullivan** *Sarah Jessica Parker*

9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Lisbon and the Algarve*

9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *A Wonderful World of Festivals*

10:00 pm (9:00 pm MT) **Outside: Beyond the Lens** *Coastal Contrasts*

10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Storm's A Comin'*

11:00 pm (10:00 pm MT) **Food. Curated.** *Roots, Recipes, And Resilience*

11:30 pm (10:30 pm MT) **Milk Street Television** *Meatballs and More*

Friday, September 18, 2026

6:00 pm (5:00 pm MT) **Milk Street's My Family Recipe** *My Grandmother's Gorton*

6:30 pm (5:30 pm MT) **Cook's Country** *Pub-Style Seafood*

7:00 pm (6:00 pm MT) **America's Test Kitchen** *Summertime Staples*

7:30 pm (6:30 pm MT) **Food. Curated.** *Global Flavors, Local Makers*

8:00 pm (7:00 pm MT) **Northern Mexico Adventure with Pati Jinich** (marathon)

Saturday, September 19, 2026

6:00 pm (5:00 pm MT) **Milk Street Television** *Quick Pasta*

6:30 pm (5:30 pm MT) **Pati's Mexican Table** *My Heart, My Home*

7:00 pm (6:00 pm MT) **Antiques Roadshow** *Vintage Miami*

8:00 pm (7:00 pm MT) **Best of The Joy of Painting** *Rustic Winter Woods*

8:30 pm (7:30 pm MT) **Best of The Joy of Painting** *Not Quite Spring*

9:00 pm (8:00 pm MT) **Chesapeake Bay by Air**

10:00 pm (9:00 pm MT) **New Scandinavian Cooking** *Slow River Dining*

10:30 pm (9:30 pm MT) **Pati's Mexican Table** *Recados*

11:00 pm (10:00 pm MT) **Farmer and The Foodie** *New Roots - New Roots' Old Louisville*

11:30 pm (10:30 pm MT) **Cook's Country** *Glazed Pork and Potatoes*

Sunday, September 20, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** *Alli Webb*

6:30 pm (5:30 pm MT) **Cook's Country** *North Carolina Barbecue*

7:00 pm (6:00 pm MT) **Antiques Roadshow** *Vintage Boston*

8:00 pm (7:00 pm MT) **Pati's Mexican Table**

8:30 pm (7:30 pm MT) **Pati's Mexican Table**

9:00 pm (8:00 pm MT) **No Passport Required** *Chicago*

10:00 pm (9:00 pm MT) **People of the North** *Flavors of the Fjord*

10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** *Fabulous Francis*

11:00 pm (10:00 pm MT) **Milk Street Television** *Mexico City Favorites*

11:30 pm (10:30 pm MT) **America's Test Kitchen** *Pork and Greens*

Monday, September 21, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas** *Beans*

6:30 pm (5:30 pm MT) **Cook's Country** *Inspired by Japanese Immigrants*

7:00 pm (6:00 pm MT) **America's Test Kitchen**

7:30 pm (6:30 pm MT) **Food. Curated.** *The Sourdough Bread Craze*

8:00 pm (7:00 pm MT) **Pati's Mexican Table**

8:30 pm (7:30 pm MT) **Pati's Mexican Table**

9:00 pm (8:00 pm MT) **Rick Steves' Europe** *North Wales: Feisty and Poetic*

9:30 pm (8:30 pm MT) **Weekends with Yankee** *Foliage Rambles*

10:00 pm (9:00 pm MT) **Rudy Maxa's World** *Nova Scotia & Newfoundland*

10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Golden Glow of Morning*

11:00 pm (10:00 pm MT) **Food. Curated.** *The Sourdough Bread Craze*

11:30 pm (10:30 pm MT) **America's Test Kitchen**

Tuesday, September 22, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Fruit with More to Give*
6:30 pm (5:30 pm MT) **Indian as Apple Pie** *Snacks & Street Foods*
7:00 pm (6:00 pm MT) **Milk Street Television** *Indian Classics at Home*
7:30 pm (6:30 pm MT) **Food. Curated.** *The Great Food Pivot*
8:00 pm (7:00 pm MT) **Pati's Mexican Table**
8:30 pm (7:30 pm MT) **Pati's Mexican Table** *Swinging Spirits*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Edinburgh*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *The Wonderful World of Wine*
10:00 pm (9:00 pm MT) **Travels with Darley** *Illinois Great River Road*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *A Spectacular View*
11:00 pm (10:00 pm MT) **Food. Curated.** *The Great Food Pivot*
11:30 pm (10:30 pm MT) **Milk Street Television** *Indian Classics at Home*

Wednesday, September 23, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** *The Risotto is On*
6:30 pm (5:30 pm MT) **Cook's Country** *Unexpected Beef and Potatoes*
7:00 pm (6:00 pm MT) **Yan Can Cook: Spice Kingdom** *Panda-Monium!*
7:30 pm (6:30 pm MT) **Food. Curated.** *Aapi: The New Asian Food Wave*
8:00 pm (7:00 pm MT) **Pati's Mexican Table** *Paquime & Pecans*
8:30 pm (7:30 pm MT) **Pati's Mexican Table** *Chihuahua's Cheesiest Cheese*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Naples and Pompeii*
9:30 pm (8:30 pm MT) **Samantha Brown's Places To Love** *Belfast and Antrim Coast*
10:00 pm (9:00 pm MT) **View Finders** *Blue Ridge Parkway*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Island Paradise*
11:00 pm (10:00 pm MT) **Food. Curated.** *Aapi: The New Asian Food Wave*
11:30 pm (10:30 pm MT) **Yan Can Cook: Spice Kingdom** *Panda-Monium!*

Thursday, September 24, 2026

6:00 pm (5:00 pm MT) **Steven Raichlen's Project Smoke** *Seafood Gets Smoked*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Colors of Creativity*
7:00 pm (6:00 pm MT) **Milk Street Television** *Quick Pasta*
7:30 pm (6:30 pm MT) **Food. Curated.** *Women-Led Pastry Pioneers*
8:00 pm (7:00 pm MT) **Pati's Mexican Table** *Sisters, Stew, and Sass*
8:30 pm (7:30 pm MT) **Pati's Mexican Table** *Top Chefs and Ancient Cliffs*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Italy's Amalfi Coast*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *A World of Spiritual Experiences*
10:00 pm (9:00 pm MT) **Outside: Beyond the Lens** *Desert Blooms*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Mountain Exhibition*
11:00 pm (10:00 pm MT) **Food. Curated.** *Women-Led Pastry Pioneers*
11:30 pm (10:30 pm MT) **Milk Street Television** *Quick Pasta*

Friday, September 25, 2026

6:00 pm (5:00 pm MT) **Milk Street's My Family Recipe** *Adena's Hot Milk Sponge*
6:30 pm (5:30 pm MT) **Cook's Country** *Mexican American Comfort Food*
7:00 pm (6:00 pm MT) **America's Test Kitchen** *Ultimate Yule Log*
7:30 pm (6:30 pm MT) **Food. Curated.** *Bites With a Mission*
8:00 pm (7:00 pm MT) **All Aboard with Samantha Brown** (marathon)

Saturday, September 26, 2026

6:00 pm (5:00 pm MT) **Milk Street Television** *The New American Bakery*
6:30 pm (5:30 pm MT) **Pati's Mexican Table** *Living Legacy*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Vintage First Finds I*
8:00 pm (7:00 pm MT) **Best of The Joy of Painting** *Little House by the Road*
8:30 pm (7:30 pm MT) **Best of The Joy of Painting** *Golden Glow of Morning*
9:00 pm (8:00 pm MT) **Field Trip with Curtis Stone** *Hong Kong*
10:00 pm (9:00 pm MT) **New Scandinavian Cooking** *The Mother of Invention*
10:30 pm (9:30 pm MT) **Pati's Mexican Table** *Maya Today*
11:00 pm (10:00 pm MT) **Farmer and the Foodie** *Urban Farming*
11:30 pm (10:30 pm MT) **Cook's Country**

Sunday, September 27, 2026

6:00 pm (5:00 pm MT) **To Dine For with Kate Sullivan** *Bobby Healy*
6:30 pm (5:30 pm MT) **Cook's Country** *Southwestern Vegetarian Fare*
7:00 pm (6:00 pm MT) **Antiques Roadshow** *Vintage Sacramento*
8:00 pm (7:00 pm MT) **Samantha Brown's Places to Love** *Sailing the British Virgin Islands*
8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** *The Crystal Coast of North Carolina*
9:00 pm (8:00 pm MT) **No Passport Required** *Queens, NYC*
10:00 pm (9:00 pm MT) **People of The North** *Fosnavag: The Heart of the Herring*
10:30 pm (9:30 pm MT) **Joanne Weir's Plates and Places** *Persimmons, Prosciutto & Friends!*
11:00 pm (10:00 pm MT) **Milk Street Television** *Middle Eastern Meets London*
11:30 pm (10:30 pm MT) **America's Test Kitchen** *Ultimate Yule Log*

Monday, September 28, 2026

6:00 pm (5:00 pm MT) **My Greek Table with Diane Kochilas**
6:30 pm (5:30 pm MT) **Cook's Country** *Spiced Chicken Dinners*
7:00 pm (6:00 pm MT) **America's Test Kitchen**
7:30 pm (6:30 pm MT) **Food. Curated.** *The Home Kitchen Empire*
8:00 pm (7:00 pm MT) **Samantha Brown's Places to Love** *Northern Costa Rica*
8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** *Darwin, Australia*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Italy's Great Hill Towns*
9:30 pm (8:30 pm MT) **Weekends with Yankee** *Harvest Time*
10:00 pm (9:00 pm MT) **Rudy Maxa's World** *Food, Drink & Place*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Sunset Aglow*
11:00 pm (10:00 pm MT) **Food. Curated.** *The Home Kitchen Empire*
11:30 pm (10:30 pm MT) **America's Test Kitchen**

Tuesday, September 29, 2026

6:00 pm (5:00 pm MT) **Kitchen Curious with Vivian Howard** *Beans & Rice*
6:30 pm (5:30 pm MT) **Indian as Apple Pie** *Breads: Tava & Tandoori*
7:00 pm (6:00 pm MT) **Milk Street Television** *The New American Bakery*
7:30 pm (6:30 pm MT) **Food. Curated.** *Pride on the Plate*
8:00 pm (7:00 pm MT) **Samantha Brown's Places to Love** *Zurich*
8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** *Victoria, B.C., Canada*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Vienna*
9:30 pm (8:30 pm MT) **Joseph Rosendo's Steppin' Out** *Wonderful Waterways of The World*
10:00 pm (9:00 pm MT) **Travels with Darley** *Chicago Architecture & The Magnificent Mile*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Crimson Tide*
11:00 pm (10:00 pm MT) **Food. Curated.** *Pride on the Plate*
11:30 pm (10:30 pm MT) **Milk Street Television** *The New American Bakery*

Wednesday, September 30, 2026

6:00 pm (5:00 pm MT) **Lidia's Kitchen** *Simply Salads*
6:30 pm (5:30 pm MT) **Cook's Country** *A Bold Brunch*
7:00 pm (6:00 pm MT) **Yan Can Cook: Spice Kingdom** *Tomorrow's Chengdu*
7:30 pm (6:30 pm MT) **Food. Curated.** *Meatless In Manhattan*
8:00 pm (7:00 pm MT) **Samantha Brown's Places to Love** *Tampa, Florida*
8:30 pm (7:30 pm MT) **Samantha Brown's Places to Love** *Newport, Rhode Island*
9:00 pm (8:00 pm MT) **Rick Steves' Europe** *Salzburg and Surroundings*
9:30 pm (8:30 pm MT) **Samantha Brown's Places to Love** *Madison, Wisconsin*
10:00 pm (9:00 pm MT) **View Finders** *Sapelo Island*
10:30 pm (9:30 pm MT) **Best of The Joy of Painting** *Triple View*
11:00 pm (10:00 pm MT) **Food. Curated.** *Meatless In Manhattan*
11:30 pm (10:30 pm MT) **Yan Can Cook: Spice Kingdom** *Tomorrow's Chengdu*

Weekend Marathons

Back to (Cooking) School - September 4

We're going back to basics in the kitchen. These instruction-packed are full of fresh flavors for each meal of the day, and a few treats in between!

A Tribute to New York City - September 11

New York is full of dreams and creativity. Celebrate the vibrant splendor and the resilience of the Big Apple through food, dance, culture, and connection.

Northern Mexico Adventure with Pati Jinich - September 18

Explore northern Mexico with Pati Jinich to kick off this Hispanic Heritage Month. Discover the cooking traditions of Coahuila, Nuevo Leon and Chihuahua.

All Aboard with Samantha Brown - September 25

Enjoy aquatic adventures with Samantha Brown as she finds Places to Love on the bays, rivers, lakes, and seas from the shores of Australia to the Alaskan archipelago.